

WELCOME TO CAFÉ 7

HOT SANDWICH (Served with a side salad)

Roast Beef French Dip

Roast beef, Swiss cheese, caramelized Vidalia onion on ciabatta bread, sides of horseradish cream & *au jus*

Contains: wheat, milk, fish

Dairy free upon request **D**

\$16

Turkey BLT Melt

Roasted turkey breast, bacon, provolone cheese, and mayonnaise on sourdough bread

Contains: wheat, milk, egg, soy

Dairy free upon request **D**

\$16

GRAIN BOWL

Harvest Grain Salad **G V V D**

Roasted butternut squash, ancient grains, toasted pumpkin seeds, dried cranberries, arugula, late harvest vinaigrette

\$14

Allergen information is available at the registers. Before placing your order, please inform your server if a person in your party has a food allergy. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SOUPS (Served with a dinner roll)

Quinoa and Kale Vegetable Soup **G V**

Sweet potato, squash, tomato, carrot, onion, garlic, great northern beans, and thyme, topped with shaved pecorino cheese

Contains: milk. Dinner roll contains: soy, sesame, wheat

Dairy free upon request **D**

\$9

Beef and Bean Chili **G**

Vidalia onion, garlic, ancho chili, plum tomato, kidney beans, and spices, topped with pickled jalapeno and Vermont cheddar cheese

Contains: milk. Dinner roll contains: soy, sesame, wheat

Dairy free upon request **D**

\$10

SALAD

Winter Crunch Salad **G V V D**

Kale, shaved brussel sprouts, cabbage, carrot, honey crisp apple, candied pecans, pomegranate seeds, creamy apple cider vinaigrette

May contain: wheat, milk, egg, peanuts, tree nuts, soy, sesame

\$14

VEGETARIAN (Served with a side salad)

Mediterranean Vegetable Sandwich **V**

Feta cheese, peppadew peppers, cucumber, arugula, roasted garlic hummus, salt and pepper

Contains: wheat, soy, milk

Dairy free upon request **D**

\$14

KIDS

Hot Dog **D**

Served with a mixed green salad or potato chips

Contains: wheat, soy, sesame

\$7

Quesadilla **V**

Flour tortilla, Cabot cheddar cheese, sour cream, salsa. Served with a mixed green salad or potato chips

Contains: wheat, soy, milk

\$7

G gluten free

V vegetarian

D dairy free

V vegan